



# COURSE GUIDE

## 2025



**KYLIE ELLISON**  
THERAPY & TRAINING

☎ 1300 007 882

[www.playtherapytrainingaustralia.com.au](http://www.playtherapytrainingaustralia.com.au)  
[info@playtherapytrainingaustralia.com.au](mailto:info@playtherapytrainingaustralia.com.au)

After the successful delivery of clinical play therapy training programs since 2018 via Centre for Play Therapy, Play Therapy Training Australia was established in 2021 to acknowledge the continued growth and success of the company's training services.

Committed to ongoing excellence in the field of play therapy training in Australia, Play Therapy Training Australia reflects the company's vision for the expansion and future development of play therapy training and qualification standards for registration as a play therapist in Australia. All trainers hold mental health qualifications and registration, along with registration and experience in the field of Child Centred Play Therapy.

Play Therapy Training Australia offers training qualifications and a pathway to registration as a play therapist in Australia. Training services include introductory workshops, clinical training programs, advanced clinical workshops, Child- Parent Relationship Therapy programs, individual and monthly group clinical supervision services.

Play Therapy Training Australia will continue to uphold the highest levels of professional education in pursuit of recognition of the field of play therapy studies and career opportunities for play therapists across Australia.

*"We uphold standards of excellence in delivery of clinical play therapy to provide a pathway to registration as a Play Therapist in Australia"*

## How to become a Play Therapist with Play Therapy Training Australia

Complete the five workshops and assessment below to receive your  
**Certificate in Play Therapy Studies.**

### Workshop One

#### **Introduction to Play Therapy**

For anyone who is interested in Play Therapy, this workshop provides the opportunity to learn the basic skills of Child Centred Play Therapy through attendance at a one day live online tutorial.

### Workshop Two

#### **Considering the Structure and Components of CCPT**

A three-day intensive online workshop to develop students' clinical skills combined with additional readings, videos, case studies and assessment.

### Workshop Three

#### **Issues in CCPT**

A three-day intensive online workshop that delves into issues, typical problems, legal and ethical guidelines in practice combined with additional readings, videos, case studies and assessment.

### Workshop Four

#### **Competency in Skill Development & other types of CCPT**

A three-day intensive online workshop providing clinical observations of practice including completion of skills combined with additional readings, videos, case studies and assessment.

### Workshop Five

#### **Beyond the Playroom: Extensions in Play Therapy**

A two-day intensive online workshop deepening the skills and knowledge of play therapy with case studies, scenarios and group supervision.

### Group Supervision

#### **Group Supervision / Placement / Assessment**

Attend three x 2 hour group supervision sessions, undertake ten client sessions for placement requirements, submit three workbooks and one video assessment of a client session during placement.

## INTRODUCTION TO PLAY THERAPY



**This introductory course provides an overview of the clinical skills required to engage in child centred play therapy with clients. In a full one-day online workshop, participants will learn and practice content presented live online.**

The following topics are covered in the this workshop:

- History and benefits of play- the meaning of play for children
- Theory of play therapy
- Key concepts of child centred play therapy
- Characteristics of the play therapist
- The play room and materials
- Beginning therapy: The importance of the relationship with the child
- Basic skills introduction: Characteristics of facilitative responses and therapeutic limit setting

### Pre-Requisites:

NIL

We encourage anyone who is intersted in Play Therapy to undertake our Workshop One - Introduction to Play Therapy.

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## INTRODUCTION TO PLAY THERAPY

All content, resources, practices and assessments will be presented and conducted within the one-day workshop.

During the enrolment process on our website you will be asked to select a workshop date. Spaces are capped so please enrol early to avoid missing out on your preferred date.

**Delivery:**  
**14 Hours Total**

8 Hours face to face  
online workshop  
delivered over one day.

6 Hours self paced learning, online  
readings and articles.

Workshop will run from  
8:30am to 4:30pm (QLD Time).



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**The objective of this training is to equip those with a relevant undergraduate degree to obtain further training in the area of child centred play therapy in order to apply this knowledge and skill to clinical practice.**

Our vision for providing child-centred play therapy training in our local communities is to ensure practitioners are equipped to provide quality play therapy services to children across Australia.

The clinical program consists of three workshops with attendance required at nine individual days of training presented online.

Our training program is recognised in full by the Play Therapy Practitioners Association and partially recognised by the Australian Play Therapists Association.

For further information on membership requirements please see the relevant association website.

## **Pre-Requisites:**

Participants must have completed Workshop One - Introduction to Play Therapy

Participants must hold a bachelor degree in Social Work, Human Services, Education, Counselling, Psychology or similar.

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## WORKSHOP TWO

### Considering the Structure and Components of CCPT

#### Topics Covered:

##### Day One

Countertransference & transference in the playroom  
Trauma & attachment  
Skill revision: tracking, reflecting content, reflecting feelings

##### Day Two

Stages and Themes of play therapy  
Parents/Guardians as partners in play therapy  
Skill revision: limit setting

##### Day Three

Child development theory  
Goal setting/Treatment planning  
Case noting/Report writing  
Skill revision: facilitative responses

#### Delivery:

##### **62 Hours Total**

24 Hours face to face  
online workshops  
delivered over three days

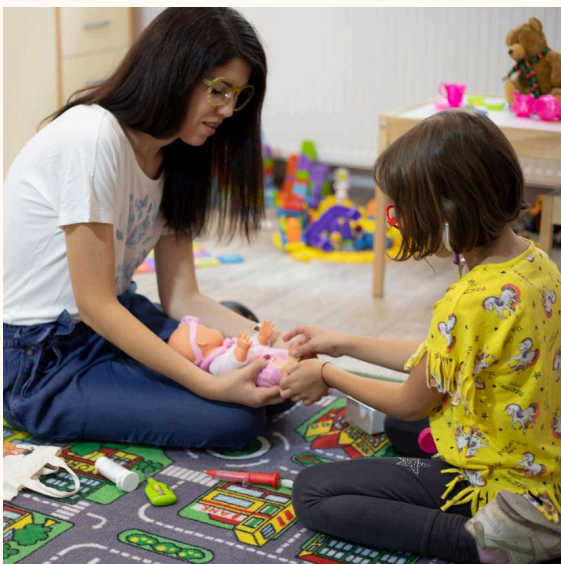
38 Hours self paced learning  
textbook readings, videos, workbook

Workshops run from  
8:30am to 5:30pm (QLD Time)

#### Required Reading:

Landreth, G. (2023). Play therapy: The art of the relationship. Routledge: London, 4th edition. Chapters 8, 9, 12, 13, 14

Cochran, Nancy, H. et al. Child-Centered Play Therapy. Available from: VitalSource Bookshelf, (2nd Edition). Taylor & Francis, 2022. Chapter 11, 12, 13



**"TOYS ARE CHILDREN'S  
WORDS AND PLAY IS  
THEIR LANGUAGE"  
- DR. GARY LANDRETH**



## WORKSHOP THREE

### Issues in Child-Centred Play Therapy

#### Topics Covered:

##### Day One

Typical problems & challenges in the playroom  
Skill revision

##### Day Two

Legal & ethical issues in a play therapy practice  
Working with culturally diverse clients  
Skill development: making meaning of the play

##### Day Three

Autism and the playroom  
Autism/ADHD & trauma  
Working with children who have been interpersonally traumatised  
Skill revision  
Group supervision

#### Delivery:

##### **62 Hours Total**

24 Hours face to face  
online workshops  
delivered over three days

38 Hours self paced learning  
textbook readings and workbook

Workshops run from  
8:30am to 5:30pm (QLD Time)

#### Required Reading:

Landreth, G. (2023). Play therapy: The art of the relationship. Routledge: London, 4th edition,  
Chapters 6, 12, 15, 16

Cochran, Nancy, H. et al. Child-Centered Play Therapy. Available from: VitalSource Bookshelf, (2nd Edition). Taylor & Francis, 2022. Chapters 16, 17, 18

Landreth, G. (2001). Innovations in play therapy: Issues, process and special populations. Routledge: London, UK.-  
Chapter 9, 10, 16

**"PLAY IS A CHILD'S WORK...  
THIS IS NOT A TRIVIAL PURSUIT"  
~ALFRED ADLER**





## WORKSHOP FOUR

### Competency in Skill Work and other forms of Child Centred Play Therapy

#### Topics Covered:

##### Day One

Determining the end of therapy  
Introduction to intensive CCPT  
Introduction to teleplay therapy  
Skill Revision

##### Day Two

Play therapy in the school setting  
Play therapy across the lifespan in brackets (twens and adults)  
Skill development

##### Day Three

Group & sibling play therapy  
Filial therapy  
Starting a private practice  
Group supervision



#### Delivery:

##### 62 Hours Total

24 Hours face to face  
online workshops  
delivered over three days

38 Hours self paced learning  
textbook readings and workbook

Workshop run from  
8:30am to 5:30pm (QLD Time)

#### Required Reading:

Landreth, G. (2012). Play therapy: The art of the relationship. Routledge: London, UK.- Chapter 15, 16

Cochran, N. H., Nordling, W. J., & Cochran, J. L. (2010). Child- centred play therapy: A practical guide to developing therapeutic relationships with children. John Wiley & Sons Inc: New York, USA.- Chapter 13

Landreth, G. (2001). Innovations in play therapy: Issues, process and special populations. Routledge: London, UK.- Chapter 12, 13, 21, 22

Landreth, G. L., & Bratton, S. C. (2006). Child parent relationship therapy (CPRT): A 10- session filial therapy model. Routledge: London, UK.- Chapter 1, 4, 5, 7-16

**"NO SIGNIFICANT LEARNING OCCURS WITHOUT A SIGNIFICANT RELATIONSHIP." ~JAMES COMER**

## WORKSHOP FIVE

# Beyond the Playroom: Extensions in Play Therapy

### Topics Covered:

#### Day One

The personhood of the therapist  
Deepening making meaning of the play  
Extending knowledge of themes  
Group supervision

#### Day Two

Unpacking Psychodynamic  
Psychotherapy  
Documentation in play therapy  
Skills practice  
Group supervision

### Delivery:

**16 Hours Total**

16 Hours face to face  
online workshops  
delivered over two days

Workshop run from  
8:30am to 5:30pm (QLD Time)

### Required Reading:

NIL

**ENTER INTO CHILDREN'S PLAY, AND YOU WILL FIND THE  
PLACE WHERE THEIR MINDS, HEARTS, AND SOULS MEET -  
VIRGINIA AXLINE**



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## ASSESSMENT ONE

## Workbooks



You will receive a workbook for workshop two, three and four relating directly to the content covered in the readings and workshop. The workbook is to be completed and submitted to [info@playtherapytrainingaustralia.com.au](mailto:info@playtherapytrainingaustralia.com.au).

Workbooks are marked on a satisfactory/unsatisfactory basis, pending the adequate completion of all questions and the accuracy of responses.

Areas for growth will be highlighted by the marker and feedback will note any missing or additional details.

Reflective questions are not marked but it is expected that you demonstrate self-reflection and insight.

Workbooks are not marked on a pass/fail basis; however, the effort and insight exhibited will be considered in conjunction with the final assessment regarding graduation from the course.

It is a mandatory requirement for passing the course that skills practice sessions are completed during each 3-day workshop training. It is expected that you attend virtually with the relevant technology to facilitate this (e.g., working camera & microphone).

## ASSESSMENT TWO

### Placement & Group Supervision

With a long-standing tradition of excellence in the delivery of clinical training services over the past decade, Play Therapy Training Australia recognises the importance of integrating theory and practice to ensure competency for clinical program graduates.

Play Therapy Training Australia considers supervised placement hours as a fundamental component for all students undertaking the course. Therefore, all students enrolled in the clinical program are required to undertake a student placement to enhance student learnings and provide regular opportunities for clinical feedback and support.

Over the duration of the clinical program, students are required to undertake a supervised placement of ten (10) sessions in duration.

The purpose of the placement is to provide an opportunity for students to practice skills learned during the clinical program, with a requirement for written consent provided by the client's parent or guardian before commencing placement.

Students will be required to attend three (3) group supervision sessions during their clinical program studies with either Clinical Supervisor from PTTA.

Dates will be provided via the website and students are required to select their preferred dates at the commencement of their studies.





## ASSESSMENT TWO

### Placement & Group Supervision

It is an expectation that students will attend all three (3) group supervision sessions in order to successfully complete placement and receive their final Graduation Certificate in Play Therapy. Should students be unable to attend a scheduled group supervision session, they are encouraged to reach out to the PTTA team in order to ensure an alternative arrangement may be sought (with the final approval of the CEO).

**Students are required to complete one (1) recorded clinical session during placement, and must provide this video via WeTransfer one (1) week prior to their next scheduled group supervision session to provide their clinical supervisor the opportunity to review the recording.**

Students are required to submit a written reflection on their video along with their recording to their clinical supervisor. This video will then be used as a reflective exercise in group supervision to provide feedback to the student and access support from the group supervision session to enhance learning.



## ASSESSMENT

## Summary

### Assessment One:

#### Workshop Two - Workbook

Complete the supplied workbook based on the readings and content delivered in Workshop Two.

#### Workshop Three - Workbook

Complete the supplied workbook based on the readings and content delivered in Workshop Three.

#### Workshop Four - Workbook

Complete the supplied workbook based on the readings and content delivered in Workshop Four

### Assessment Two:

#### Supervised Placement

Conduct ten (10) play therapy sessions with a client/child of choice ensuring written consent provided by the parent or guardian before commencing session.

Record one (1) of the above sessions and submit with written reflection to program supervisor for feedback, assessment and discussion in group supervision.

#### Group Supervision

Attend three (3) group supervision sessions where submitted placement sessions will be viewed as a reflective exercise and to access support from the group to enhance learning



## Graduate Outcomes

Graduates will receive a Certificate in Play Therapy Studies totalling 220 hours of Clinical Training including 100 contact hours and 120 non contact hours as well as 10 client hours and 14 hours of supervision upon completion of all five workshops. This will be clearly presented on your academic transcript.

Play Therapy Training Australia's clinical training program is recognised by both the Play Therapy Practitioners Association (PTPA) and Australian Play Therapy Association (PTPA).

Completed training hours can be used to gain registration with PTPA and APTA. Play Therapy Training Australia cannot guarantee that completing this training program will result in graduates meeting all other requirements for registration with each association. It is your responsibility to ensure you meet all eligibility criteria and requirements set out by your chosen registration body (i.e., APTA, APPTA, PTPA).



# CONTACT DETAILS



We would love to connect with you so if you have any further questions please feel free to contact us through one of the methods below: -

## PHONE

**1300 007 882**

## EMAIL

**[info@playtherapytrainingaustralia.com.au](mailto:info@playtherapytrainingaustralia.com.au)**

## WEBSITE

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