



COURSE GUIDE

2025



KYLIE ELLISON
THERAPY & TRAINING

☎ 1300 007 882

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After the successful delivery of clinical play therapy training programs since 2018 via Centre for Play Therapy, Play Therapy Training Australia was established in 2021 to acknowledge the continued growth and success of the company's training services.

Committed to ongoing excellence in the field of play therapy training in Australia, Play Therapy Training Australia reflects the company's vision for the expansion and future development of play therapy training and qualification standards for registration as a play therapist in Australia. All trainers hold mental health qualifications and registration, along with registration and experience in the field of Child Centred Play Therapy.

Play Therapy Training Australia offers training qualifications and a pathway to registration as a play therapist in Australia. Training services include introductory workshops, clinical training programs, advanced clinical workshops, Child- Parent Relationship Therapy programs, individual and monthly group clinical supervision services.

Play Therapy Training Australia will continue to uphold the highest levels of professional education in pursuit of recognition of the field of play therapy studies and career opportunities for play therapists across Australia.

"We uphold standards of excellence in delivery of clinical play therapy to provide a pathway to registration as a Play Therapist in Australia"

How to become a Play Therapist with Play Therapy Training Australia

Complete the five workshops and assessment below to receive your
Certificate in Play Therapy Studies.

Workshop One

Introduction to Play Therapy

For anyone who is interested in Play Therapy, this workshop provides the opportunity to learn the basic skills of Child Centred Play Therapy through attendance at a one day live online tutorial.

Workshop Two

Considering the Structure and Components of CCPT

A three-day intensive online workshop to develop students' clinical skills combined with additional readings, videos, case studies and assessment.

Workshop Three

Issues in CCPT

A three-day intensive online workshop that delves into issues, typical problems, legal and ethical guidelines in practice combined with additional readings, videos, case studies and assessment.

Workshop Four

Competency in Skill Development & other types of CCPT

A three-day intensive online workshop providing clinical observations of practice including completion of skills combined with additional readings, videos, case studies and assessment.

Workshop Five

Beyond the Playroom: Extensions in Play Therapy

A two-day intensive online workshop deepening the skills and knowledge of play therapy with case studies, scenarios and group supervision.

Group Supervision

Group Supervision / Placement / Assessment

Attend three x 2 hour group supervision sessions, undertake ten client sessions for placement requirements, submit three workbooks and one video assessment of a client session during placement.

INTRODUCTION TO PLAY THERAPY



This introductory course provides an overview of the clinical skills required to engage in child centred play therapy with clients. In a full one-day online workshop, participants will learn and practice content presented live online.

The following topics are covered in the this workshop:

- History and benefits of play- the meaning of play for children
- Theory of play therapy
- Key concepts of child centred play therapy
- Characteristics of the play therapist
- The play room and materials
- Beginning therapy: The importance of the relationship with the child
- Basic skills introduction: Characteristics of facilitative responses and therapeutic limit setting

Pre-Requisites:

NIL

We encourage anyone who is intersted in Play Therapy to undertake our Workshop One - Introduction to Play Therapy.

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INTRODUCTION TO PLAY THERAPY

All content, resources, practices and assessments will be presented and conducted within the one-day workshop.

During the enrolment process on our website you will be asked to select a workshop date. Spaces are capped so please enrol early to avoid missing out on your preferred date.

Delivery:
14 Hours Total

8 Hours face to face
online workshop
delivered over one day.

6 Hours self paced learning, online
readings and articles.

Workshop will run from
8:30am to 5:00pm (QLD Time).





The objective of this training is to equip those with a relevant undergraduate degree to obtain further training in the area of child centred play therapy in order to apply this knowledge and skill to clinical practice.

Our vision for providing child-centred play therapy training in our local communities is to ensure practitioners are equipped to provide quality play therapy services to children across Australia.

The clinical program consists of three workshops with attendance required at nine individual days of training presented online.

Our training program is recognised in full by the Play Therapy Practitioners Association and partially recognised by the Australian Play Therapists Association.

For further information on membership requirements please see the relevant association website.

Pre-Requisites:

Participants must have completed Workshop One - Introduction to Play Therapy

Participants must hold a bachelor degree in Social Work, Human Services, Education, Counselling, Psychology or similar.

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WORKSHOP TWO

Considering the Structure and Components of CCPT

Topics Covered:

Day One

Countertransference & transference in the playroom
Trauma & attachment
Skill revision: tracking, reflecting content, reflecting feelings

Day Two

Stages and Themes of play therapy
Parents/Guardians as partners in play therapy
Skill revision: limit setting

Day Three

Child development theory
Goal setting/Treatment planning
Case noting/Report writing
Skill revision: facilitative responses

Delivery:

62 Hours Total

24 Hours face to face
online workshops
delivered over three days

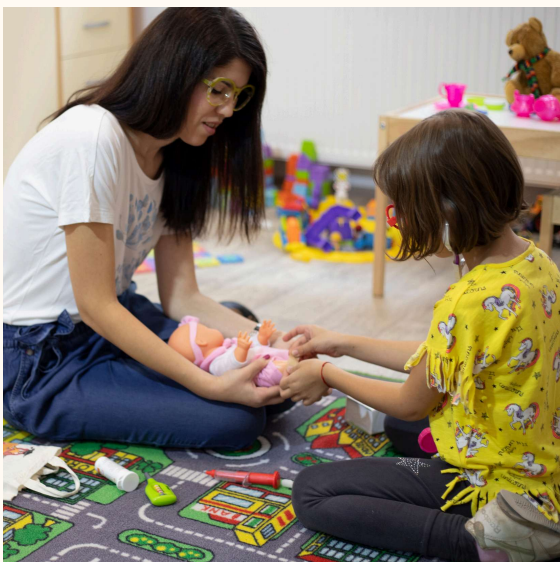
38 Hours self paced learning
textbook readings, videos, workbook

Workshops run from
8:30am to 5:30pm (QLD Time)

Required Reading:

Landreth, G. (2023). Play therapy: The art of the relationship. Routledge: London, 4th edition. Chapters 8, 9, 12, 13, 14

Cochran, Nancy, H. et al. Child-Centered Play Therapy. Available from: VitalSource Bookshelf, (2nd Edition). Taylor & Francis, 2022. Chapter 11, 12, 13



**"TOYS ARE CHILDREN'S
WORDS AND PLAY IS
THEIR LANGUAGE"
- DR. GARY LANDRETH**

WORKSHOP THREE

Issues in Child-Centred Play Therapy

Topics Covered:

Day One

Typical problems & challenges in the playroom
Working with children who have experienced DV - Jodi Mullen
Skill Revision: facilitative responses

Day Two

Legal & Ethical issues in PT practice
Working with culturally diverse clients
Skill Development: making meaning of the play

Day Three

Working with Autistic children
Autism/ADHD & Trauma
Working with children who have been interpersonally traumatised
Skill Revision: limit setting & reflecting feelings



Delivery:

62 Hours Total

24 Hours face to face
online workshops
delivered over three days

38 Hours self paced learning
textbook readings and workbook

Workshops run from
8:30am to 5:30pm (QLD Time)

Required Reading:

Landreth, G. (2023). Play therapy: The art of the relationship. Routledge: London, 4th edition,
Chapters 6, 12, 15, 16

Cochran, Nancy, H. et al. Child-Centered Play Therapy. Available from: VitalSource Bookshelf, (2nd Edition). Taylor & Francis, 2022. Chapters 16, 17, 18

Landreth, G. (2001). Innovations in play therapy: Issues, process and special populations. Routledge: London, UK.-
Chapter 9, 10, 16

**"PLAY IS A CHILD'S WORK...
THIS IS NOT A TRIVIAL PURSUIT"
~ALFRED ADLER**

WORKSHOP FOUR

Competency in Skill Work and other forms of Child Centred Play Therapy

Topics Covered:

Day One

Determining the end of therapy
Introduction to intensive child-centred play therapy, plus Teleplay therapy
Skill Revision: tracking, reflecting feelings, reflecting content

Day Two

Play Therapy in the school setting
Play Therapy across the lifespan- tweens, teens and adults

Day Three

Sibling Play Therapy
Filial Therapy
Starting a private practice
Group Supervision (2 hours)
Final skills practice with feedback

Delivery:

62 Hours Total

24 Hours face to face
online workshops
delivered over three days

38 Hours self paced learning
textbook readings and workbook

Workshop run from
8:30am to 5:30pm (QLD Time)

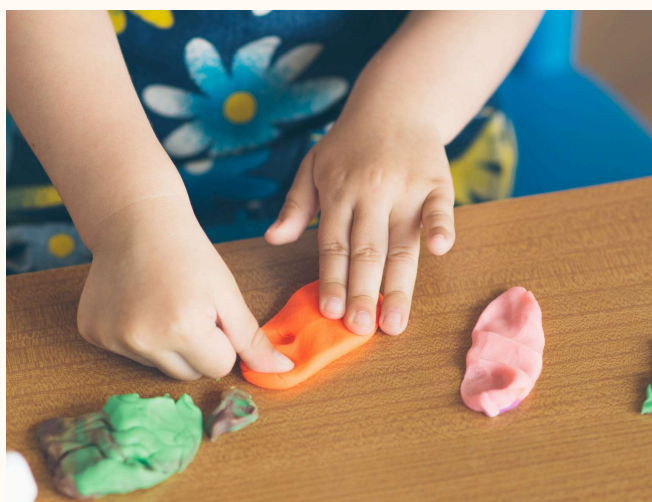
Required Reading:

Landreth, G. (2012). Play therapy: The art of the relationship. Routledge: London, UK.- Chapter 15, 16

Cochran, N. H., Nordling, W. J., & Cochran, J. L. (2010). Child- centred play therapy: A practical guide to developing therapeutic relationships with children. John Wiley & Sons Inc: New York, USA.- Chapter 13

Landreth, G. (2001). Innovations in play therapy: Issues, process and special populations. Routledge: London, UK.- Chapter 12, 13, 21, 22

Landreth, G. L., & Bratton, S. C. (2006). Child parent relationship therapy (CPRT): A 10- session filial therapy model. Routledge: London, UK.- Chapter 1, 4, 5, 7-16



"NO SIGNIFICANT LEARNING OCCURS WITHOUT A SIGNIFICANT RELATIONSHIP." ~JAMES COMER

WORKSHOP FIVE

Beyond the Playroom: Extensions in Play Therapy

Topics Covered:

Day One

The personhood of the therapist
Deepening making meaning of the play
Extending knowledge of themes
Group supervision

Day Two

Unpacking Psychodynamic
Psychotherapy
Documentation in play therapy
Skills practice
Group supervision

Delivery:

16 Hours Total

16 Hours face to face
online workshops
delivered over two days

Workshop run from
8:30am to 5:30pm (QLD Time)

Required Reading:

NIL

**"ENTER INTO CHILDREN'S PLAY, AND YOU WILL FIND THE
PLACE WHERE THEIR MINDS, HEARTS, AND SOULS MEET" -
VIRGINIA AXLINE**



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ASSESSMENT ONE

Workbooks



You will receive a workbook for workshop two, three and four relating directly to the content covered in the readings and workshop. The workbook is to be completed and submitted to info@playtherapytrainingaustralia.com.au.

Workbooks are marked on a satisfactory/unsatisfactory basis, pending the adequate completion of all questions and the accuracy of responses.

Areas for growth will be highlighted by the marker and feedback will note any missing or additional details.

Reflective questions are not marked but it is expected that you demonstrate self-reflection and insight.

Workbooks are not marked on a pass/fail basis; however, the effort and insight exhibited will be considered in conjunction with the final assessment regarding graduation from the course.

It is a mandatory requirement for passing the course that skills practice sessions are completed during each 3-day workshop training. It is expected that you attend virtually with the relevant technology to facilitate this (e.g., working camera & microphone).

ASSESSMENT TWO

Placement & Group Supervision

With a long-standing tradition of excellence in the delivery of clinical training services over the past decade, Play Therapy Training Australia recognises the importance of integrating theory and practice to ensure competency for clinical program graduates.

Play Therapy Training Australia considers supervised placement hours as a fundamental component for all students undertaking the course. Therefore, all students enrolled in the clinical program are required to undertake a student placement to enhance student learnings and provide regular opportunities for clinical feedback and support.

Over the duration of the clinical program, students are required to undertake a supervised placement of ten (10) sessions in duration.

Students are requested to view this placement as an adjunct to their clinical learning, therefore the selection of a client for placement should be made on the basis that the sessions will be an opportunity to practice CCPT skills, rather than provide clinical intervention services. It is the expectation of KETT that each student will access from their network a suitable client, and advise KETT before the conclusion of Workshop Two who they have selected and provide evidence of consent obtained.

The responsibility in locating and securing a suitable client resides with the student during the clinical program, KETT is not responsible for locating a placement for the student.



ASSESSMENT TWO

Placement & Group Supervision

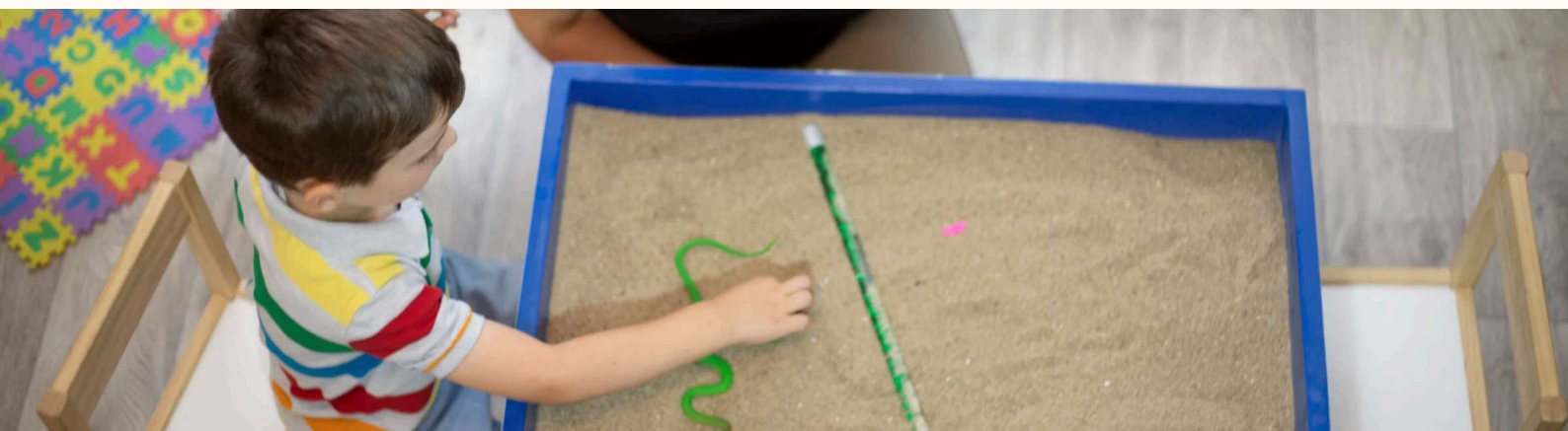
Students will be required to attend three (3) group supervision sessions during their clinical program studies with either Clinical Supervisor from PTTA.

Dates will be provided via the website and students are required to select their preferred dates at the commencement of their studies.

It is an expectation that students will attend all three (3) group supervision sessions in order to successfully complete placement and receive their final Graduation Certificate in Play Therapy. Should students be unable to attend a scheduled group supervision session, they are encouraged to reach out to the PTTA team in order to ensure an alternative arrangement may be sought (with the final approval of the CEO).

Students are required to complete one (1) recorded clinical session during placement, and must provide this video via WeTransfer one (1) week prior to their next scheduled group supervision session to provide their clinical supervisor the opportunity to review the recording.

Students are required to submit a written reflection on their video along with their recording to their clinical supervisor. This video will then be used as a reflective exercise in group supervision to provide feedback to the student and access support from the group supervision session to enhance learning.



ASSESSMENT

Summary

Assessment One:

Workshop Two - Workbook

Complete the supplied workbook based on the readings and content delivered in Workshop Two.

Workshop Three - Workbook

Complete the supplied workbook based on the readings and content delivered in Workshop Three.

Workshop Four - Workbook

Complete the supplied workbook based on the readings and content delivered in Workshop Four

Assessment Two:

Supervised Placement

Conduct ten (10) play therapy sessions with a client/child of choice ensuring written consent provided by the parent or guardian before commencing session.

Record one (1) of the above sessions and submit with written reflection to program supervisor for feedback, assessment and discussion in group supervision.

Group Supervision

Attend three (3) group supervision sessions where submitted placement sessions will be viewed as a reflective exercise and to access support from the group to enhance learning



Graduate Outcomes

Graduates will receive a Certificate in Play Therapy Studies totalling 220 hours of Clinical Training including 100 contact hours and 120 non contact hours as well as 10 client hours and 12 hours of supervision upon completion of all five workshops. This will be clearly presented on your academic transcript.

Play Therapy Training Australia's clinical training program is recognised by both the Play Therapy Practitioners Association (PTPA) and Australian Play Therapy Association (PTPA).

Completed training hours can be used to gain registration with PTPA and APTA. Play Therapy Training Australia cannot guarantee that completing this training program will result in graduates meeting all other requirements for registration with each association. It is your responsibility to ensure you meet all eligibility criteria and requirements set out by your chosen registration body (i.e., APTA, APPTA, PTPA).



CONTACT DETAILS



We would love to connect with you so if you have any further questions please feel free to contact us through one of the methods below: -

PHONE

1300 007 882

EMAIL

info@playtherapytrainingaustralia.com.au

WEBSITE

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